



STUDY GUIDE - WEEK 4:

WHEN YOU HIT A WALL

OVERVIEW

Our world is broken. This is why there is an inevitable point in everyone's lives when the bottom falls out of our plans. Whether through an unexpected tragedy, an unforeseen setback, or an illness beyond our control we feel as if we have reached the end of the dream. In those moments when our strength has failed, we must heed the words of Paul and "be strong in the Lord and in his mighty power!" Ultimately, choosing to put on God's armor (instead of our own: relying on our own failing self-sufficiency) is what will lead us to endure, stand strong, and discover a purpose greater than we could have ever imagined on our own.

Ephesians 6:13

"Therefore, put on every piece of God's armor so you will be able to resist the enemy in the time of evil. Then after the battle you will be standing firm."

DISCUSSION QUESTIONS

1. According to scripture, what is the best way to prepare yourself for the inevitable..."when the bottom falls out"?
2. What is the armor of God (Ephesians 6:10-18)?
3. Is it possible to put on only a part of the armor?
4. How does the evil one attack Christ-followers?
5. Share an example of what Satan uses to tempt you.
6. Barry refers to Isaiah 59:15-18 as Paul's inspiration for Ephesians 6. What hope can we find in recognizing that the armor we are given belongs to God?
7. Give a practical example of what it looks like to wear God's armor in real life battles.

Resources

gracechurch.us/thegoodlife

