

GRACE CHURCH

PRAYER TOOLBOX

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Do not worry about anything; instead pray about everything. Tell God everything and thank Him for all He has done!
-Philippians 4:6

PRAYER TOOLBOX

This gives you potential tools to use on a consistent basis to keep your prayer life fresh. Like any relationship consistent communication is the key. There are certain truths that we all must embrace, a big one is that the Father loves you. He loves you and there is nothing you can do to make him love you more. There is nothing you can do to make him love you less. He just loves you and that is the truth.



PRIVATE WORSHIP

Find a spot, it could be a chair, a room in your house your garage, whatever. Get out your phone or whatever you use to play music and find a couple of worship songs. There are songs for worship, lament, declaration, promise. Songs for every season of the heart. Once you have chosen the songs put your headphones in and worship your King. Whatever you do in private will spill out into the rest of the day.



BREATH PRAYERS

Breath Prayers are a great tool for everyday situations. They can and should be simple and quick and just what you need. Some breath prayers could include, "LORD come" and "He is faithful."



WORSHIP

Worship should not be restricted to a couple of songs on a Sunday morning. Worship with your family. Worship with your community. Worship in everything. Use music to bend your heart in the direction of the Father but it encompasses so much more. “So, whether you eat or drink or whatever you do, do it all for the glory of God.” (1 Corinthians 10:31) When it comes to worship, let’s not act like it’s business as usual. Posture your body differently, raise your hands, bow low to the ground, something that says I am here Father.



READING SCRIPTURE

There are a lot of great books out there about engaging the Holy Spirit, but simply opening your Bible can be the best thing you can do. Having a complete picture and history of how the Father has interacted with humanity over the centuries is certainly an important tool but don’t be intimidated. Whether you have read the Bible a hundred times, or you are just cracking it open for the first time, trust that the Holy Spirit will speak to you. It doesn’t take much, fifteen minutes a day in the Word will change your life.



GOOD THEOLOGY

Having a solid theology is also very important and don’t let the absence of a good solid understanding of what you believe stop you from pursuing the Holy Spirit. The Holy Spirit will guide you into all truths. Trust Him, as you engage in worship and study the Bible, He will guide you into good sound theology. Don’t be afraid to let him blow up the box that you have put Him in. He will.



PRAY WITH EXPECTATION

A key element in praying with expectation, is aligning your heart and mind with Jesus. Jesus said, "And I will do whatever you ask in my name, so that the Father may be glorified in the Son." That doesn't mean you will get whatever you want. We must understand that if we are aligning our hearts with His that is the true key to seeing a breakthrough. Believe that the Lord hears your prayers and does something about it! Let what you know of the character of God inform your expectations of how He may respond.



COMMUNION

We should celebrate Communion every chance we get. In private, with your family, with your life group. Jesus said, "Whoever eats my flesh and drinks my blood, I remain in him and he remains in me." The very same Jesus who healed the sick, raised the dead and cleansed the leper abides in each of us. Likewise, we abide in the same Jesus who was crucified, dead and buried and on the third day rose again! His grave is empty and so is mine! That is worth celebrating!.



ENCOUNTER

There is a practice of prayer and worship called encounter. Give yourself space and get comfortable. You could use some soft music generally without word. Close your eyes and allow the Holy Spirit to lead you on a journey with him. This one is difficult to do on your own the first time and not everyone will connect with this type of prayer but for those who do, it is fascinating.

